

What is online safety?

Online safety for children is ensuring that they navigate the digital world securely, responsibly, and confidently.

It encompasses various practices and principles to protect them from online risks, including cyberbullying, inappropriate content, online predators, and privacy breaches.

By educating yourself and your child about online safety practices and maintaining open communication, you can help them navigate the digital world safely and responsibly.



Links to useful websites

Down below a list of useful websites to help all about Online Safety.



<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online/coronavirus-covid-19-support-for-parents-and-carers-to-keep-children-safe-online>

Online Safety



Supporting your children to be safe on the internet

Online Safety is being aware of the nature of the possible threats that you could encounter whilst engaging in activity through the Internet

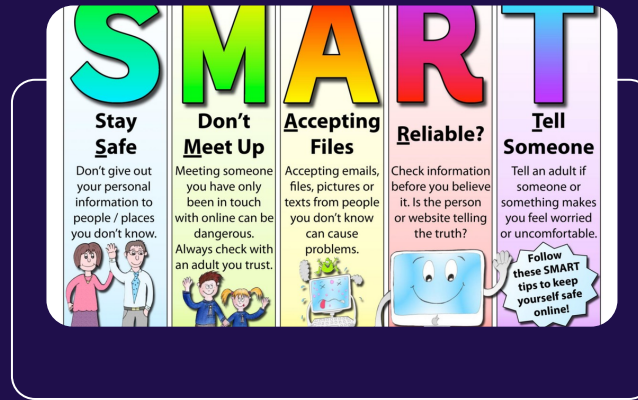
10 Steps to help your children online.

- 01 Cyberbullying Awareness:**

Discuss with your child the importance of being respectful and kind online. Encourage them to report any instances of cyberbullying and reassure them that they can talk to you about their experiences without fear of judgment.
- 02 Privacy Protection:**

Teach your child about the importance of keeping personal information private. This includes not sharing their full name, address, phone number, school name, or other identifiable details with strangers online.
- 03 Safe Internet Use:**

Help your child understand the potential dangers of certain online activities, such as downloading files from unknown sources or clicking on suspicious links. Install parental control software if necessary to filter inappropriate content and monitor their online behaviour.



- 04 Open Communication:**

Foster an environment of open communication where your child feels comfortable discussing their online experiences and asking questions. Establishing trust is crucial for them to seek guidance and support when faced with online challenges.
- 05 Critical Thinking Skills:**

Teach your child to critically evaluate the information they encounter online. Encourage them to question the credibility of sources, fact-check information, and think critically about the content they consume.
- 06 Setting Boundaries:**

Establish clear rules and boundaries for your child's online activities, such as limiting screen time, specifying which websites and apps they can access, and monitoring their social media usage. Make sure they understand the consequences of violating these rules.

- 07 Safe Social Media Use:**

Educate your child about the risks associated with social media platforms, including privacy settings, the importance of being selective about friend requests, and the potential for oversharing personal information.
- 08 Online Stranger Danger:**

Teach your child to be cautious when interacting with strangers online. Emphasize that they should never meet up with someone they've only met online without your permission and supervision.
- 09 Positive Digital Footprint:**

Encourage your child to cultivate a positive digital footprint by posting responsibly and thoughtfully online. Remind them that anything they share online can potentially be seen by others, including future colleges and employers.
- 10 Lead by Example:**

Model healthy online behaviour yourself by practicing good digital habits and demonstrating respect, empathy, and responsibility in your online interactions.