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Thursday 19th October 2023

Dear Parents/Carers,

Over the last half term, we have been reviewing the PE provision in place here at Walton Oak. The latest guidance published by the DfE (Department For Education) states that schools should be encouraged to deliver a minimum of two hours of high quality PE for all pupils each week. It has been noted that a significant amount of time is being taken up at the beginning and end of PE lessons by the children having to get changed for PE on their nominated PE day. Not only this, children are forgetting PE kits and often not bringing in the correct kit which is again limiting the amount of physical activity that they are participating in.

With this in mind, we have made the decision that from after half term, children in Reception to Year 6 will be required to come **into school** already wearing their PE kit on their allocated PE day, freeing up a considerable amount of time and allowing children to be active for longer, making the most out of their PE lesson. **Please note, this does not apply to children in Nursery as they do not change for PE.**

Can we please remind all parents/carers that PE kit is a required part of uniform and as stated in the uniform policy, should be followed.

The uniform policy for PE and days for each year groups' PE session are as follows:

- White PE shirt with logo
- Purple PE shorts
- White sports socks
- Black/Navy joggers
- Black/Navy fleece/hooded top
- Trainers

DAY	AM	PM
Monday	Butterflies	Year 4
Tuesday	Hedgehogs	Year 6
Wednesday	Squirrels	Year 3
Thursday	Year 2	Year 5
Friday	Ladybirds	Year 1

Kind regards,

Miss Pott & Miss Gardner
PE Leaders

