



Reception Autumn 1

I wonder...who you are?

COMMUNICATION & LANGUAGE

- Exploring books and poems through shared reading.
- Talking partners.
- Role play areas (Home corner)
- Poetry
- Understand how to listen carefully and why listening is important
- Learn new vocabulary (e.g. unique, astronaut, senses)

EXPRESSIVE ARTS & DESIGN

- To engage in role play to re-create roles that are familiar to them.
- Recognise colours.
- Explore colour and texture.
- Choose particular colours to use for a purpose.
- Create constructions, paintings, drawing and collages on a small and large scale.
- Self-portraits.
- Picasso.
- Exploring patterns/repeated patterns.
- Call and response songs.
- Action songs.

UNDERSTANDING THE WORLD

- Name and describe people who are familiar to them.
- Explore our senses.
- Explore sound, music and instruments.
- Observe the weather and changing seasons.
- Space and astronauts.
- Picasso – figures from the past.

LITERACY

- Read individual letters by saying the sounds for them.
- Blending sounds into short words.
- Writing our names.
- Describing a character.
- Write lists and labels.
- Using the book corner.
- Identifying rhyming words.



PHYSICAL DEVELOPMENT

- Understanding the effects of exercise on the body
- Travelling in a variety of ways
- Negotiating space
- Handling equipment with increased control (e.g. bean bags, balls)
- Pick up objects (e.g. bean bags, balls), release and retrieve

MATHS

- Recognising and representing numbers 1, 2 and 3
- Subitising small amounts without counting
- Counting accurately and understanding how many
- Comparing amounts using more, fewer and the same
- Exploring how numbers can be made from smaller parts
- Developing understanding of one more and one

PERSONAL, SOCIAL & EMOTIONAL DEVELOPMENT

We spend this half term focusing on 'Zones of Regulation'.

- Learning the four Zones: Blue, Green, Yellow and Red.
- Understanding how our bodies feel in each Zone.
- Knowing that all feelings are okay.
- Recognising which Zone we are in.
- Learning simple calming and regulation strategies.
- Practising how to get ready to learn.
- Knowing when and how to ask an adult for help.
- Beginning to notice how others might be feeling.
- Using Zones language during real-life situations and play.

OUTDOOR OPPORTUNITIES

- Looking for signs of Autumn.
- Exploring the school grounds.
- Listening walk around the school ground.
- Senses walk.
- Forest school.