

How to support your child with their Writing

Practise fine motor activities to strengthen their muscles in their fingers (see some ideas below)

You could make it into a game- give them a minute/ 5 minutes to see how many of the objects they can move or thread.



Moving cotton buds with the peg.



How many elastic bands can you put on the pine cone?



How many elastic bands can you put on the tube?



How many pegs can you put on the tray?



Threading straws through tubes with holes in.



Threading pasta onto straws or spaghetti in playdough.



Practise writing sounds in playdough. Or other playdough activities.

Practise letter formation using the rhymes taught at school.

You could try some of these activities to practise letter formation:

-Writing letters using chalk, pens, paint (cotton buds work well for this).

-Practise letter formation in sand, water (using a paintbrush), in bubbles (in the bath), in flour etc.

-Also practise some of these letter shapes can support too

