



Science – Year 3

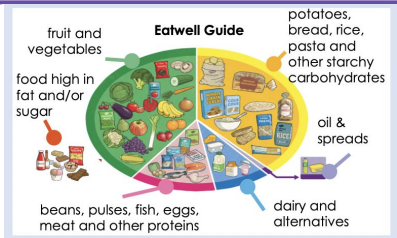
Animals Including Humans

Vocabulary		
Tier 1	Tier 2	Tier 3
Skeleton	Vertebrate	Exoskeleton
Muscle	Invertebrate	Hydrostatic skeleton
Bone	Nutrition	Endoskeleton
Movement	Contract	Omnivore
Healthy	Diet	Carnivore
Unhealthy	Balanced	Herbivore

● don't know
 ● I know this word
 ● I can use it in a sentence

Useful Resources

<https://www.bbc.co.uk/bitesize/topics/z636g2p>
<https://www.bbc.co.uk/bitesize/articles/zx43khv#zvdykhv>



What is a skeleton?

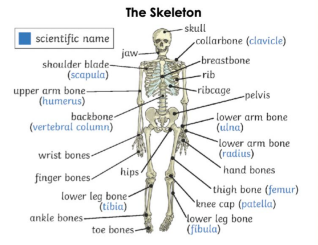
- Skeletons are structures of bones. They do three important jobs:
- organs inside the body
- Allow movement
- Support the body and stop it from falling

What are the different types of skeleton?

- An endoskeleton grows inside the body.
- An exoskeleton is one the outside of a creature's body.
- Animals with a hydrostatic skeleton do not have any bones. Instead, their body is filled with fluid.

What are muscles and how do they work?

- The bones in the skeleton are pulled by muscles so that the body can move.
- Voluntary muscles are the ones that a person chooses to move, such as kicking a ball.
- Involuntary muscles are the muscles that work without you thinking about it, such as those in the heart.



What are the different food groups?

- Carbohydrates:** provide us with energy.
 - Dairy:** contains calcium which helps to keep your bones and teeth strong.
 - Protein:** for growth and repair.
 - Fruit and Vegetables:** you should eat a variety of at least five portions of fruit and vegetables every day.
 - Sugar and Fat:** less nutritious than other food groups and should be eaten less often and in smaller amounts.
- ### How can animals be grouped by the diet they have?
- Some animals need to eat more of certain nutrients than others.
 - Carnivores only eat meat.
 - Omnivores eat both plants and meat.
 - Herbivores eat only plants.

Scientific Enquiry Skills

- Asking questions**
 Asking questions that can be answered using a scientific enquiry.
- Making predictions**
 Using prior knowledge to suggest what will happen in an enquiry.
- Setting up tests**
 Deciding on the method and equipment to use to carry out an enquiry.
- Observing and measuring**
 Using senses and measuring equipment to make observations about the enquiry.
- Recording data**
 Using tables, drawings and other means to note observations and measurements.
- Interpreting and communicating results**
 Using information from the data to say what you found out.
- Evaluating**
 Reflecting on the success of the enquiry approach and identifying further questions for enquiry.