

Prior Learning

Used specific netball skills in games. Played efficiently in different positions on the pitch, both attack and defence. Increased power and strength of passes, moving the ball over longer distances.

Unit Focus

Choose and implement a range of strategies to attack and defend. Perform a wider range of more complex skills. Recognise and describe good performances.

We are learning...

1. Ways to improve coordination.
2. To mark the pass or the shot.
3. Organisation in and around the semi-circle.
4. To compete to win the rebounding ball.
5. To stay active to intercept a pass.
6. To stay onside in games depending on the position being played.

Key Questions

1. Why are rebounds so important for the attacker and for the defender?
2. Why are some passes more appropriate for different distances?
3. What is intercepting? When can you intercept?

Equipment

Netballs (size 4), cones, bibs, stopwatch, Goals—Junior posts, if possible, hoops.

Vocabulary

Tactics, gameplay, blocking, free, metre, organisation, rebounds, prone, thirds, area, offside, intercepting.

Rules

- Players must stay in the areas their position allows.
- The ball cannot be thrown over one complete third without being touched or caught by a player in that third.

Assessment Overview

Head – Umpire a game, explain decisions where necessary.
Hand – Anticipate, track and control a rebounding ball from a shot.
Heart – As a team, decide tactics to implement into the game.

