

Prior Learning

Built stylistic qualities through repetition and applying movement to one's own body. Built basic creative choreography skills in travelling, dynamics and partner work.

Unit Focus

Work to include freeze frames in routines. Practise and perform a variety of different formations in dance.

We are learning...

1. to use freeze frame in our dances.
2. to perform a slide and roll confidently.
3. to use a variety of formations when performing.
4. to extend our 'mission dance' phrases using canon.
5. to sequence our dance actions to show good flow.
6. to create a 5 action dance routine showing good 'stage' entry.

Key Questions

1. Why do we need to sequence movements? (so one move flows to the next).
2. Explain the different actions in your dance. Do they stick to the superhero theme?
3. What are some of the points in a slide and roll?

Equipment

Music player, music, cones, hoops, throw down spots, balloons, laptop internet access.

Vocabulary

Improvisation, rehearse, director, choreographer, slide, formation, freeze frames.

Concepts

Freeze frame (also known as still image) is like pressing the pause button on a remote control, taking a photo or making a statue.

Assessment Overview

Head - Demonstrate and discuss performance skills.

Hand - Perform with increasing musicality with control and confidence.

Heart - Work as part of a group to listen and give ideas.

