

Prior Learning

Built simple movement patterns from given actions. Composed and linked actions to make simple movement phrases.

Unit Focus

Describe and explain how performers can transition from shapes and balances. Challenge themselves to move imaginatively responding to music. Work as part of a group to create and perform.

We are learning...

1. to use penguin images to inspire our dance.
2. to show feelings of abandonment through dance.
3. to create movements that show friendship between two characters.
4. to create a solo dance with changes of direction and speed.
5. to match our movements to music.
6. to choose a formation for our dance and explain our choice.

Key Questions

1. What is the main mood/feeling you get from this dance?
2. What does it mean to perform as a soloist?
3. Explain what actions show the story.

Equipment

Music player, music, cones, hoops, throw down spots, balloons, laptop with internet access.

Vocabulary

Direction, huddle, group, mood, feeling, penguin, musicality, respond, galloping, flying, friendship, abandonment.

Concepts

- Solo is an individual dancing alone, apart from others, with independent movements.
- A duet is two people dancing together with compulsory and contrasting actions.

Assessment Overview

Head - Show confidence to perform in front of others.

Hand - Show good timing with the music.

Heart - Attempt to work as part of a group to perform a dance.

