



RE – Year 5
Hinduism - Santana Dharma
Why should Hindus live a good life?

Vocabulary		
Tier 1	Tier 2	Tier 3
Hindu	Santana	Lakshmi
Hinduism	Dharma	Ganesh
Lotus	Brahma	Vishnu
Aum	Brahman	Galand
Pray	Shiva	Mandir

● don't know
 ● I know this word
 ● I can use it in a sentence

Useful Resources

- <https://www.youtube.com/watch?v=AhDA-nXaJr8>
- <https://www.youtube.com/watch?v=bRsmSyUle04>
- <https://www.bbc.co.uk/bitesize/articles/zmppp92p>

- Key Questions that we will be exploring:**
1. What is 'Sanatana Dharma'?
 2. Who do Hindus (Sanatanis) worship?
 3. How can stories from Hindu (Sanatana) Dharma help Hindus (Sanatanis) make sense of their beliefs?
 4. How does practising puja help Hindus (Sanatanis) to worship God?
 5. In what other ways do Hindus (Sanatanis) express devotion to their deities?
 6. What are the similarities and differences between worship in Hindu (Sanatana) Dharma and worship in other religions?

The religion of Hindus is called 'Sanatana Dharma' (Eternal Truth), which is widely known as Hinduism. Children will know that most Hindus (Sanatanis) believe in only one Supreme Being – Brahman – and that all other deities are an incarnation/manifestation of Brahman to help them to focus on worship. Also, that most Hindus (Sanatanis) believe that every living thing has a spark of Brahman (atman) in it and therefore that Brahman exists in every living creature and how to recognise a range of deities/avatars/manifestations of Brahman, their consorts and their attributes. They will know how religious beliefs are expressed through features and practices of worship, including puja. They will explore some stories from sacred writings, the key beliefs they communicate and the value they hold for Hindus (Sanatanis). They will learn that festivals and pilgrimage are ways in which some Hindus (Sanatanis) show their devotion to Brahman.



Lotus Flower



Aum



diva lamp



Conch Shell